

# Teller County Mental Healthcare Provider Directory

The information included in this directory is self-reported. Credentials have not been validated.

February 2022

Name / Practice	Street	Phone	Email
<b>Andersen, Jamie MA, LMFT</b> Woodland Counseling Center	321 W. Henrietta, Ste B Woodland Park, CO	719-360-0802 719-472-4515	<a href="mailto:jma2067@gmail.com">jma2067@gmail.com</a>
<b>Batchelor, Barbara MSW, LCSW</b>	321 W. Henrietta, Ste B Woodland Park, CO	719-492-8213 (lvm on 9/23/2021)	<a href="mailto:Bablcsw1099@gmail.com">Bablcsw1099@gmail.com</a>
<b>Blake, Barbara MA</b> Centered Life	196 Summer Haven Woodland Park, CO	719-660-5493	<a href="mailto:Greenmoose40@gmail.com">Greenmoose40@gmail.com</a>
<b>Bok, Tami LPC</b> Bristlecone Family Counseling	700 Valley View Drive, Woodland Park, CO, 80863-8370 and 2149 N. Academy Blvd, #6, Colorado Springs, CO 80909-1507	719-661-9323	<a href="mailto:tami@bristleconefamilycounseling.com">tami@bristleconefamilycounseling.com</a>
<b>Colorado Community Health Alliance (CCHA)</b>	Physical location: None, Mailing Address: P.O. Box 13406	Local: 719-598-1540, Toll free: 1-855-627- 4685 (TTY 711)	<a href="http://CCHAcares.com">CCHAcares.com</a> Email: <a href="mailto:HealthPartners@cchacares.com">HealthPartners@cchacares.com</a>
<b>Colorado Crisis Line Services</b>	115 S. Parkside Dr, COS	844-493-8255 or Text "TALK" to 38255	<a href="mailto:resourcedirectory@RMcrisispartners.org">resourcedirectory@RMcrisispartners.org</a>
<b>Crystal Creek Counseling</b> Jeri Yingling, LPC, RPT-S, ACS Debra K Greenwood, LMSW, LCSW Carol Wegmann, MS, LPC	400 W Midland, Ste 200 Woodland Park, CO	719-686-6703 (lvm on 9/23/2021)	<a href="http://www.crystalcreekcounseling.com">www.crystalcreekcounseling.com</a>
<b>Diversus Health</b>	18401 Highway 24 S STE 119, Woodland Park, CO 166 E. Bennet Ave Aspen Mine Center, Cripple Creek, CO	(719) 572-6100	<a href="mailto:Info@diversushealth.org">Info@diversushealth.org</a>
<b>Ekker, Monique MA, LPC, LAC, CEIP-MH</b> Outside Rein, LLC	13576 CR 1, Florissant and 19250 E US-24, Woodland Park	719-235-7473	<a href="mailto:Monique.ekker@outsiderein.org">Monique.ekker@outsiderein.org</a>
<b>FaithfulHearts Equine Learning Center</b> Stephanie Smith CTRI ESMHL, Rebekah Craig CTRI ESMHL, Susanne Lebsack ESMHL	1 Zuni Point Woodland Park, CO 80863	719-687-0119	<a href="mailto:contact@faithfulheartsequinelearningcenter.org">contact@faithfulheartsequinelearningcenter.org</a>
<b>Family Care Center</b>	70 Morning Sun Dr, Ste G, Woodland Park, CO	719-540-2146	<a href="http://WWW.fcsprings.com">WWW.fcsprings.com</a>
<b>Hackman, Kim NCC, LPC</b> Insight Counseling Colorado	400 West Midland Ave/HWY 24 Suite 207 Woodland Park, CO 80866-1022	719-494-5189	<a href="mailto:InsightCounselingColorado@gmail.com">InsightCounselingColorado@gmail.com</a>
<b>James, Jennifer Fuller MSW, MA, LCSW</b> Mountain View Counseling	321 W Henrietta Ave. Ste. B, Woodland Park, CO	719-325-9927	<a href="mailto:jenniferjames@hushmail.com">jenfullerjames@hushmail.com</a>
<b>Lebsack, Daniel</b> Central Colorado Counseling	700 Valley View Drive Woodland Park, CO	719-290-4393	<a href="mailto:centralcoloradocounseling@gmail.com">centralcoloradocounseling@gmail.com</a>
<b>Meissen, Shaye LPC</b> Exploration Counseling and Consulting, LLC		719-602-5634	<a href="mailto:shaye@explorationcounselingco.com">shaye@explorationcounselingco.com</a>
<b>National Suicide Prevention Lifeline</b>	National Service	1-800-273-8255	<a href="#">n/a</a>
<b>Pitt, Tammy MA, LMFT</b> Pitt Stop Counseling, LLC	222 S Baldwin St Woodland Park, CO	719-900-3120	<a href="mailto:Tpitt43@gmail.com">Tpitt43@gmail.com</a>

<b>Sabourin, Sondra MA, LPC</b> The Secret Place	321 W Henrietta, Ste E-3 Woodland Park, CO	719-291-4388	<a href="mailto:tsplace.tsp@gmail.com">tsplace.tsp@gmail.com</a>
<b>Status: Code 4, Inc. (SC4i)</b> First Responder Mental Health	5585 Erindale Dr., Ste. 107 Colorado Springs, CO 80918	(719) 822-3387	<a href="mailto:contact@sc4i.org">contact@sc4i.org</a>
<b>Ute Pass Psychological Consultation</b> Chris Estep, Licensed Psychologist	321 W. Henrietta Ave, Suite F, 900 Tamarac #7122, Woodland Park, CO 80863	719-457-6568	<a href="mailto:Info@utepasspsycheval.com">Info@utepasspsycheval.com</a>
<b>Ute Pass Regional Health Services</b>	785 Red Feather Lane Woodland Park, CO	719-687-2291	<a href="mailto:jmclaughlin@uprad.org">jmclaughlin@uprad.org</a>
<b>Watson, Carrie, MA, LPC, LAC</b> Aspire Counseling, LLC	400 W Midland, Ste 250 Woodland Park, CO	719-963-5744	<a href="mailto:CarrieWatson7@yahoo.com">CarrieWatson7@yahoo.com</a>
<b>Watson, Scheila CACIII, LPC</b> A Willow Bends, LLC	400 W Midland Woodland Park, CO	719-238-5800	<a href="mailto:awbends@gmail.com">awbends@gmail.com</a>

### Additional Community Resources

Name	Address	Phone	Email/Website
<b>Al-Anon / Alateen</b>	Meeting Locations Vary	719-573-5020	<a href="http://al-anon.org/">http://al-anon.org/</a>
<b>Alcoholics Anonymous</b>	Meeting Locations Vary		<a href="http://www.aa.org">www.aa.org</a>
<b>Area Agency on Aging</b>	14 South Chestnut Colorado Springs, CO	719-471-2096	<a href="http://www.ppacg.org/">http://www.ppacg.org/</a>
<b>CASA</b> Court Appointed Special Advocates	Teller County Office 400 W. Hwy 24 Suite 225 Woodland Park, CO	719-447-9898	<a href="https://www.casappr.org/contact-us/">https://www.casappr.org/contact-us/</a>
<b>Cedar Springs Hospital</b>	2135 Southgate Road, Colorado Springs	719-633-4114 Toll-Free: 800-888-1088	<a href="http://Cedarspringsbhs.com">Cedarspringsbhs.com</a>
<b>Colorado Community Health Alliance (CCHA)</b>	Physical location: None, Mailing Address: P.O. Box 13406	Local: 719-598-1540, Toll free: 1-855-627-4685 (TTY 711)	<a href="http://CCHAcares.com">CCHAcares.com</a> Email: <a href="mailto:HealthPartners@cchacares.com">HealthPartners@cchacares.com</a>
<b>Community of Caring Aspen Mine Center</b> "One Stop Resource Shop"	166 E. Bennett Ave. Cripple Creek, CO.	719-689-3584	<a href="http://www.aspenminecenter.org">www.aspenminecenter.org</a>
<b>Community Partnership</b> Family Resource Center	710 Gold Hill Place, Woodland Park CO 80863	719-686-0705	<a href="mailto:office@cpteller.org">office@cpteller.org</a>
<b>Depression and Bipolar Support Alliance</b>	2132 E. Bijou St, Colorado Springs	719-477-1515	<a href="http://Dbsacoloradosprings.org">Dbsacoloradosprings.org</a>
<b>Dragonfly Retreats for Veterans</b> Kathy Friel	<a href="http://www.dfretreats.org">www.dfretreats.org</a>	719-237-4979	<a href="mailto:Dr.kfriel@dfretreats.org">Dr.kfriel@dfretreats.org</a>
<b>Envida</b> Transportation	5660 N Academy Colorado Springs, CO 80918	Transit Phone: 719-633-4677	<a href="https://envidacares.org">https://envidacares.org</a> Email: <a href="mailto:infomoves@envidacares.org">infomoves@envidacares.org</a>
<b>Gamblers Anonymous</b>	Meeting Locations Vary	1-888-424-3577	<a href="http://www.gamblersanonymous.org">www.gamblersanonymous.org</a>
<b>NAMI Colorado Springs</b>	Meeting Locations Vary	719-473-8477	<a href="http://www.Namicoloradosprings.org">www.Namicoloradosprings.org</a>
<b>Narcotics Anonymous</b>	Meeting Locations Vary	719-637-1580	<a href="http://www.na.org">www.na.org</a>

<b>Peak View Behavioral Health</b>	7353 Sisters Grove, Colorado Springs	719-444-8484	<a href="http://Peakviewbh.com">Peakviewbh.com</a>
<b>Peak Vista, Divide Health Center</b>	34 Hybrook Lane Divide, CO	719-687-4460	<a href="http://www.peakvista.org">www.peakvista.org</a>
<b>Pikes Peak Suicide Prevention</b>		719-573-7447	<a href="http://Pikespeaksuicideprevention.org">Pikespeaksuicideprevention.org</a>
<b>Teller County Human Services</b>	740 East Highway 24, Woodland Park, CO 166 E Bennett Cripple Creek, CO	719-687-3335 Hotline – 719-686-5550	<a href="http://www.co.teller.co.us/DHS/">www.co.teller.co.us/DHS/</a>
<b>TESSA</b> Domestic Violence Help	166 East Bennett Ave, Cripple Creek, CO	719-633-1462 Crisis Line 719-633-3819	<a href="mailto:TFord@tessacs.org">TFord@tessacs.org</a>
<b>Veterans Center for Services</b>	8 <sup>th</sup> Street and Marino Colorado Springs, CO	719-264-7032	<a href="http://www.veteranscenter.org">www.veteranscenter.org</a>

## Teller County Mental Health Resource Directory

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<p><b>Andersen, Jamie MA, LMFT</b> Woodland Counseling Center Service Location: 321 W. Henrietta Ave, Ste B, Woodland Park, CO 80863 Mailing Address: PO Box 625, Woodland Park, CO 80866 Phone: 719-360-0802 719-472-4515 Fax: 719-687-4801 Email: <a href="mailto:jma2067@gmail.com">jma2067@gmail.com</a> <a href="mailto:billing@jamieandersen.com">billing@jamieandersen.com</a> Website: <a href="http://www.jamieandersen.com">www.jamieandersen.com</a> Specialty Areas: Trauma and loss; Life transitions; Improving relationships; and Maximizing personal growth. Depression; Anxiety; and PTSD. EMDR (Eye Movement Desensitization Reprocessing); Brain Spotting; CBT And TFCBT (Cognitive Behavioral Therapy); DBT (Dialectical Behavioral Therapy); Family systems. Population Served: 18 years + Insurance Accepted: Aetna; Anthem BCBS; Beacon; Cigna; Coresource; Kaiser; Meritain; Tricare; ValueOptions Accepting new clients for telehealth (phone or video) and transitioning to a telehealth practice. To get started send an email to: <a href="mailto:jma2067@gmail.com">jma2067@gmail.com</a></p>
<p><b>Batchelor, Barbara MSW, LCSW</b> Service Location: 321 West Henrietta, Suite B, Woodland Park, CO 8086 Mailing Address: PO Box 5198, Woodland Park, CO 80866 Phone: 719-492-8213 Fax: 719-686-8292 Email: <a href="mailto:Bablcsw1099@gmail.com">Bablcsw1099@gmail.com</a></p>
<p><b>Bok, Tami LPC, RPT-S</b> Bristlecone Family Counseling Service Location: 700 Valley View Drive, Woodland Park, CO, 80863-8370 and 2149 N. Academy Blvd, #6, Colorado Springs, CO 80909-1507 Mailing Address: 2149 N. Academy Blvd, #6, Colorado Springs, CO 80909-1507 Main Line: 719-661-9323 Direct Line: 719.283.7990 Email: <a href="mailto:tami@bristleconefamilycounseling.com">tami@bristleconefamilycounseling.com</a> Website: <a href="http://www.bristleconefamilycounseling.com">www.bristleconefamilycounseling.com</a> Specialty Areas: Play therapy; Foster/adopt; Trauma/PTSD; Depression; Anxiety; CBT; Autism; Bipolar; Major Mental Illness, Supervision Population Served: Ages 2 years - seniors Insurance Accepted: Medicaid; Aetna; Beacon; CHP+ HMO; Colorado Access; El Paso and Teller Core Services;</p>

Blue Cross Blue Shield/Anthem; Humana; Kaiser; Tricare; United Health Care; Cigna; and Optum
<p><b>CASA</b> (Court Appointed Special Advocates)  Service Location: 418 S Weber, Colorado Spgs, CO  Mailing Address:  Phone: 719-447-9898  Website: <a href="https://www.casappr.org/">https://www.casappr.org/</a>  Specialty Areas:  Population Served:  Insurance Accepted:</p>
<p><b>Cedar Springs Hospital</b>  Service Location: 2135 Southgate Road, Colorado Spgs, CO  Phone: 719-633-4114  Website: <a href="http://Cedarspringsbhs.com">Cedarspringsbhs.com</a>  Specialty Areas: provides psychiatric care for people of all ages and substance abuse treatment for adults 18 and older. Assessments and referrals are available 24/7 by phone at 719-633-4114</p>
<p><b>Colorado Community Health Alliance (CCHA)</b>  Service Location: Physical location: None, Mailing Address P.O. Box 13406  Phone: Local: 719-598-1540, Toll free: 1-855-627-4685 (TTY 711)  Web Site: <a href="http://CCHAcares.com">CCHAcares.com</a>  Email: <a href="mailto:HealthPartners@cchacares.com">HealthPartners@cchacares.com</a>  Specialty Areas: Administers physical and behavioral health benefits for Health First Colorado (Colorado’s Medicaid Program) members who access primary care services in El Paso, Park and Teller counties. CCHA addresses all aspects of health and well-being by connecting members with community resources and assistance programs that support common needs such as food, housing, transportation and childcare.</p> <p>To refer a Health First Colorado member to CCHA for care coordination services, use the <a href="#">CCHA Care Coordination Referral Form</a>.</p>
<p><b>Colorado Crisis Line</b>  Service Location: 115 S. Parkside Dr, Colorado Spgs, CO 80910  Phone: 844-493-8255 or text “TALK” to 38255  Email: <a href="mailto:resourcedirectory@RMCrisispartners.org">resourcedirectory@RMCrisispartners.org</a>  Website: <a href="http://www.coloradocrisisservices.org">www.coloradocrisisservices.org</a> ; <a href="http://www.metrocrisisservices.org/contact-us">http://www.metrocrisisservices.org/contact-us</a>  Specialty Areas: Crisis Services  Population Served: All ages  Insurance Accepted: N/A  Note: Mental health, substance use or emotional help for yourself or someone you know. When you call Colorado Crisis Services, you will be immediately connected to a crisis counselor, a trained professional with a master’s or doctoral degree, or a trained peer specialist who has overcome similar experiences. We offer translation services for non-English speakers, we engage in immediate problem solving, and we always make follow-up calls to ensure you receive continued care. Our walk-in crisis services are open 24/7, and offer confidential, in-person crisis support, information and referrals to anyone in need.</p>
<p><b>Community Partnership Family Resource Center</b>  Family Resource Center</p>

Service Location: 710 Gold Hill Place, Woodland Park CO 80863  
Phone: 719-686-0705 Fax: 719-686-9129  
Email: [office@cpteller.org](mailto:office@cpteller.org)  
Website: <http://www.cpteller.org/>  
Specialty Areas:  
Population Served:  
Insurance Accepted:

**Crystal Creek Counseling**

Yingling, Jeri MS, LPC, RPT  
Greenwood, Debra K, LMSW, LCSW  
Carol Wegmann, MS, LPC

Service Location: 400 W Midland, Ste 200, Woodland Park, CO  
Phone: 719-686-6703 Fax: 719-325-8958  
Email: [jeri@crystalcreekcounseling.com](mailto:jeri@crystalcreekcounseling.com)  
Website: [www.CrystalCreekCounseling.com](http://www.CrystalCreekCounseling.com)

*Jeri Yingling, LPC, RPT-S, ACS*

Specialty areas: Play therapy; ADHD; EMDR; Animal Assisted Play Therapy; Foster/adopt; Trauma/PTSD; Attachment; Depression; Anxiety; Autism; Supervision  
Population Served: Ages 2- 12  
Insurances: Medicaid, CO Access, CHP+, Anthem BC/BS; Aetna, Cigna, TriWest, Optum/United, Victim's Comp

*Debra K Greenwood, LMSW, LCSW*

Specialty areas: Play therapy; Art therapy, Art Therapy; Family System Therapy, Foster/adopt; Trauma/PTSD; Attachment; Transitional Youth; Depression; Anxiety; Autism; Suicide Prevention and Recovery  
Population: 8-20  
Insurances: Medicaid, CO Access, CHP+, Aetna, Victim's Comp

*Carol Wegmann, MS, LPC*

Specialty areas: Play therapy; ADHD; Filial; Foster/adopt; Trauma/PTSD; Attachment; Depression; Anxiety; School behavior issues.  
Population: 3-18  
Insurances: Medicaid, CO Access, CHP+, Victim's Comp

**Diversus Health**

Service Locations:  
18401 Highway 24 S STE 119, Woodland Park, CO 80863  
166 E. Bennet Ave Aspen Mine Center, Cripple Creek, CO 80813  
Phone: 719-572-6100  
Email: [info@diversushealth.org](mailto:info@diversushealth.org)  
Website: <https://diversushealth.org/>

Referral Contact: 719-572-6100 or <https://diversushealth.org/>

Specialty Areas: Diversus Health provides psychiatric, crisis, addiction and counseling services. Services include medication management, a 15-bed Acute Treatment Unit, drug and alcohol recovery, couples and family counseling, groups, school-based services, play therapy, trauma and loss (including grief and PTSD), relationship issues, life transitions, personal growth, depression and anxiety, EMDR (Eye Movement Desensitization Reprocessing); CBT (Cognitive Behavioral Therapy) and DBT (Dialectical Behavioral Therapy).

Population Served: All ages

Insurance Accepted: We are the community Medicaid provider, but accept most insurances

Our exceptional health care services focus on assisting you with counseling, psychiatry, addiction, and crisis. Feel confident in the care you receive. Contact us to book an appointment and get started today.

**Depression and Bipolar Support Alliance, Colorado Springs**

Service Location: 2132 E. Bijou St, Colorado Springs

Phone: 719-477-1515

Website: [dbsacoloradosprings.org](http://dbsacoloradosprings.org)

Specialty Areas: Offers peer-led support groups for those with a mood disorder and their loved ones.

Resource center and library with books and videos on mood disorders available for loan.

**Ekker, Monique MA, LPC, LAC, CEIP-MH**

Outside Rein, LLC

Service Location: 13576 CR 1, Florissant and 19250 E US-24, Woodland Park

Phone: 719-235-7473 Fax: 719-748-0196

Email: [Monique.ekker@outsiderein.org](mailto:Monique.ekker@outsiderein.org)

Website: [www.outsiderein.org](http://www.outsiderein.org)

Specialty areas: Equine-Assisted Mental health and Learning; Substance Use; Trauma; PTSD; EMDR; Play Therapy, Sand Tray; Adolescents; Veterans

Population Served: All Ages

Insurances Accepted: Medicaid, Aetna, TriWest

**Envida**

Specialty transportation

Provider's Name: Leslie Patterson- Health Care Mobility Manager

Address: 5660 N Academy, Colorado Springs, CO 80918

Transit Phone: 719-633-4677

Transit email: [infomoves@envidacares.org](mailto:infomoves@envidacares.org)

Website: <https://envidacares.org>

Specialty transportation: Nonemergency medical transport (NEMT), Medicaid-Social determinants of health rides (SDoH), and open to anyone in the community (grant funding).

Transportation area: Teller and EL Paso counties. Other areas upon request.

Population served (list ages): All ages

Insurances accepted: free for all, Medicaid billed if a Health First Colorado member

**FaithfulHearts Equine Learning Center**

Providers' Names: Stephanie Smith CTRI ESMHL, Rebekah Craig CTRI ESMHL, Susanne Lebsack ESMHL

Service Location: 1 Zuni Point Woodland Park, CO 80863

Phone: 719-687-0119

Email: [contact@faithfulheartsequinelearningcenter.org](mailto:contact@faithfulheartsequinelearningcenter.org)

Website: [www.faithfulheartsequinelearningcenter.org](http://www.faithfulheartsequinelearningcenter.org)

Specialty areas: Equine Assisted Mental Health and Learning, Therapeutic Riding

Population served (list ages): ages 4 and up, physical, emotional, cognitive disabilities, trauma

Insurances accepted, if applicable: pending Medicaid

**Family Care Center**

Service Location: 70 Morning Sun Dr, Ste G, Woodland Park, CO 80863

Phone: 719-650-2457

Fax: 719-623-0389

Website: [www.fcsprings.com](http://www.fcsprings.com)

Specialty Areas: The Family Care Center is a leader in comprehensive behavioral health services. We offer individual treatment for those dealing with depression, anxiety, trauma, a mood disorders and co-occurring substance use treatment. Our therapist also provides family therapy and marriage counseling.

We have certified DBT therapists who provide group therapy for adults, middle school and high school aged populations. We have certified play therapists to treat children as young as three years old. We also offer medication management for those needing this service as well as TMS for those suffering with major depression.

Population Served: 2 – 100 -children, adolescents and adults

Insurance Accepted: All major insurances except Medicaid and Medicare

**Hackman, Kim LPC**

Insight Counseling Colorado, LLC

Service Location: 400 West Midland Avenue/HWY 24 Suite 207, Woodland Park, CO 80866

Phone: 719-494-5189 Fax: 719-623-0159

Email: [InsightCounselingColorado@gmail.com](mailto:InsightCounselingColorado@gmail.com)

Website: [www.insightcounselingcolorado.com](http://www.insightcounselingcolorado.com)

Specialty Areas: Mental Health; Couple's Counseling; Family Counseling; Pre-Marital Counseling; Divorce; Adoption; Blended Families; Co-Parenting; Trauma and Loss; LGBTQ; Life Transitions; Sexual Issues; Offender Based Therapy; CBT (Cognitive Behavioral Therapy); Certified to treat adults with problem sexual

behavior

Population Served: Individuals; Couples & Families; Ages 15 & Up

Insurance Accepted: None

**James, Jennifer Fuller MSW, MA, LCSW**

Mountain View Counseling

Service Location: 321 W. Henrietta Ave. Suite B, Woodland Park, CO 80863

Phone: 719-325-9927 Fax: 719-960-2764

Email: [Jenfullerjames@hushmail.com](mailto:Jenfullerjames@hushmail.com)

Website: <https://www.jenniferfullerjames.com/>

Specialty Areas: Individual therapy, EMDR, Trauma, PTSD, Anxiety, Depression, Relationship issues, CBT Life Transitions, ADHD, Self-esteem, Communication skills, Divorce, and Personal growth

Population Served: Ages 14-Seniors

Insurances Accepted: Aetna, Anthem, BCBS, CHP+, Cigna, Humana, Kaiser (in process), Medicaid (CCHA), Medicare, Tricare, United Health Care, UMH, Victims Compensation

**Lebsack, Daniel MA, LPC, ACS**

Central Colorado Counseling

Service Location: 700 Valley View Drive, Woodland Park, CO 80863

Phone: 719-290-4393 Fax: 719-960-2702

Email: [centralcoloradocounseling@gmail.com](mailto:centralcoloradocounseling@gmail.com)

Website: [www.centralcoloradocounseling.com](http://www.centralcoloradocounseling.com)

Specialty Areas: Marriage and family counseling; Individual counseling; Depression; Anxiety; Bi-polar; Addictions (substance, gambling, pornography); and Sex therapy

Population Served: Adolescent to elderly (12 and up)

Insurances Accepted: Anthem BCBS; Colorado Medicaid; Beacon Health; Cigna; Tricare; and UHC

**Shaye Meissen, LPC**

Exploration Counseling and Consulting, LLC

Phone: 719-602-5634

Email: [shaye@explorationcounselingco.com](mailto:shaye@explorationcounselingco.com)

Website: [www.explorationcounselingco.com](http://www.explorationcounselingco.com)

Specialty areas: Maternal mental health, Perinatal mood, Parenting, Relationships

Population served: 14 years and up

Insurances accepted, if applicable: Aetna, Anthem/BCBS, Cigna, Medicaid



**NAMI Colorado Springs**

Service Location: Meeting Locations Vary

Phone: 719-473-8477

Web Site: <https://www.namicoloradosprings.org>

Email: [office@namicos.org](mailto:office@namicos.org)

Specialty Areas: Offers support groups and classes for people with mental illness and their loved ones.

Its Mental Health First Aid public-health training program teaches participants the signs and symptoms of mental health challenges or crisis, what to do in an emergency and where to turn for help.

**Pitt, Tammy MA, LMFT**

Pitt Stop Counseling, LLC

Service Location: 321 W Henrietta Ave, E1, Woodland Park, CO 80863

Phone: 719-900-3120

Email: [tpitt43@gmail.com](mailto:tpitt43@gmail.com)

Web Site: <https://www.pittstopcounseling.com>

Specialty Areas: Trauma; Loss; Relationships; Depression; Anxiety; Addiction; Self-harm; Suicide and PTSD;

CBT (Cognitive Behavioral Therapy), Family systems and DBT (Dialectical Behavioral Therapy). Currently training in EMDR (Eye Movement Desensitization Reprocessing) and finishing CAC II

Population Served: I work with children, teens, adults, individuals, couples and family therapy

Insurance: Medicaid, Aetna, Cofinity, Anthem, BCBS, Cigna, UMR, UHC, CCHA& more please ask when you call.

**Peak View Behavioral Health**

Service Location: 7353 Sisters Grove/St. Francis Medical Center, Colorado Springs

Phone: 719-444-8484

Web Site: <https://www.peakviewbh.com>

Specialty Areas: 112-bed mental health hospital treating youths and adults in Inpatient and outpatient settings. Free, confidential assessment, call 444-8484

Population Served: I work with children, teens, adults, individuals, couples and family therapy

**Pikes Peak Suicide Prevention**

Service Location:

Phone: 719-573-7447

Web Site: <https://www.pikespeaksuicideprevention.org>

Specialty Areas: Support groups for suicide attempters, families of suicide attempters and children left behind by suicide

**Sabourin, Sondra MA, LPC**

The Secret Place

Service Location: 321 West Henrietta Ave, Suite E-3, Woodland Park, CO 80866

Phone: 719-291-4388

Email: [tsplace.tsp@gmail.com](mailto:tsplace.tsp@gmail.com)

Specialty Areas: Also provides Christian Counseling

Population Served: Teens, adults, couples and families

Insurance Accepted: All managed care insurances including Medicaid

**Status: Code 4, Inc. (SC4i)**

First Responder Mental Health

Service Location: 5585 Erindale Dr., Ste. 107, Colorado Springs, CO 80918

Phone: (719) 822-3387

Email: [contact@sc4i.org](mailto:contact@sc4i.org)

Specialty Areas: First Responder Mental Health



<p>Population Served: First Responders  Insurance Accepted: Free to first responders thanks to grant funding and donations</p>
<p><b>TESSA (Domestic Violence Help)</b>  Service Location: 166 East Bennett Ave, Cripple Creek, CO 80813  Mailing Address:  Phone: 719-633-1462 or 719-243-5508 Crisis Line 719-633-3819  Email: <a href="mailto:TFord@tessacs.org">TFord@tessacs.org</a>  Website: <a href="http://www.tessacs.org">www.tessacs.org</a></p>
<p><b>Ute Pass Psychological Consultation</b>  Chris Estep, Licensed Psychologist  Service Location: 321 W. Henrietta, Suite F, 900 Tamarac #7122, Woodland Park, CO 80863  Mailing Address: PO Box 7122, 900 Tamarac Pkwy, Woodland Park, CO 80863  Phone: 719-457-6568  Email: <a href="mailto:chris.estep@utepasspsycheval.com">chris.estep@utepasspsycheval.com</a>  Specialty Areas: Cognitive, personality, neuropsychological evaluation, to include Traumatic Brain Injury and Age related cognitive difficulties. Forensic Evaluation, to include Competency, Capacity, and Violent Risk Assessments. Readiness for Bariatric Surgery, Gender Affirmation Reassignment Surgery, and chronic pain surgery readiness. Supervisor for LPC Candidates and License Psychology candidates. Provide presentation on various topics, to include supervisor and consultation, compassion fatigue, and antisocial behaviors.  Population Served: 13 to older adult,  Insurance Accepted: Aetna; Community Health Alliance; Humana; Cigna; DVR; Medicaid; Medicare; TriCare</p>
<p><b>Ute Pass Regional Health Services District</b>  Service Location: 785 Red Feather Lane, Woodland Park, CO 80863  Mailing Address:  Phone: 719-687-2291  Email: <a href="mailto:jmclaughlin@uprad.org">jmclaughlin@uprad.org</a>  Website: <a href="http://www.UPRHSD.org">www.UPRHSD.org</a>  Specialty Areas: Crisis response; Mental health assessment program  Population Served: All ages  Insurance Accepted: N/A  <b>For MAP response, call 911 or WPPD non-emergency #719-687-9262</b></p>
<p><b>Watson, Carrie MA, LPC, LAC</b>  Aspire Counseling, LLC  Service Location: 400 W. Midland Ave, Ste 250, Woodland Park, CO 80863  Mailing Address:  Phone: 719-963-5744 Fax: 719-309-1323  Email: <a href="mailto:CarrieWatson7@yahoo.com">CarrieWatson7@yahoo.com</a>  Specialty Areas: Male and Female Domestic Violence Offenders; Substance Abuse; Anger Management; Stress Management; Grief; Mental Health evaluations and counseling  Population Served: Adolescent; Adult  Insurance Accepted: Medicaid and Kaiser. 4<sup>th</sup> Judicial Courts and AspenPointe contracted</p>

**Watson, Scheila MA, LPC, CACIII, MAC, EMDR**

A Willow Bends, LLC

Service Location: 400 W. Midland Ave, Ste 200, Woodland Park, CO 80863  
and Aspen Mine Center, Cripple Creek, CO

Phone: 719-238-5800

Email: [awbends@gmail.com](mailto:awbends@gmail.com)

Website: [www.awillowbends.com](http://www.awillowbends.com)

Specialty Areas: Domestic Violence; Substance Abuse; Trauma; Mood Disorders (Anxiety, Depression); Anger

Management; DUI Classes; CBT Groups; Recovery Group; Sobriety Monitoring; Mental Health and Substance

Abuse Evaluations (for courts and DHS); Pre Plea Investigation Reports (PPIR) for the courts

Population Served: Ages 5 to 65

Insurance Accepted: Medicaid (for substance abuse only); Tricare; Kaiser; UHC; Co-finity; Humana; Aetna; DHS

Core Provider for Teller County; Sliding Scale Available; Veterans receive special discounts.

If you would like to be listed in this directory, please contact Karissa Larson at:  
[LarsonK@co.teller.co.us](mailto:LarsonK@co.teller.co.us)